

# WELCOME!

Please order at the bar.

On weekends via QR code at the table.



### HOT BEVERAGES

Cappuccino	3,20 € / 4,40 €
Flat White	4,20 €
Latte Macchiato	4,40 €
Espresso / double	2,20 € / 3,20 €
Espresso macchiato	2,50 € / 3,60 €
Cortado	3,00 €
Black Coffee	2,40 € / 3,40 €
Café Latte	4,20 €
Filter Coffee Pot	4,20 €
Hot Milk + Honey	3,20 € / 4,20 €
Hot Chocolate	3,70 € / 4,70 €
Hot Chocolate for kids Cup	3,00€
Chai Latte	3,70 € / 4,70 €
Dirty Chai	4,20 € / 5,20 €
Turmeric Latte	3,90 € / 4,90 €
Hot Golden Lemon	4,80 € / 6,80 €
Glass or pot with turmeric, ginger and honey	
Tea	3,80 € / 5,80 €
Class or not	

Glass or pot

ceylon, green tea with spearmint, ginger-citrus-herbal tea, roiboos, fruit tea, peppermint tea, masala tea, earl grey, camomile, fennel

Fresh Tea, pick one 4,40 € / 6,40 €

Glass or pot

hot lemon, mint, ginger or thyme with honey

All coffee beverages could be prepared with dairy-milk (g), lactose-free or oat milk and with decaf espresso on request. We use the espresso roast Adorno from the Cologne coffee roastery Van Dyck and fresh milk from the farm Hielscher Hof. Our chai syrup comes from the Cologne manufactory Black Sense.

# COLD BEVERAGES

Mineral water 0,33 I / 1 I still / sparkling	2,50 € / 5,50 €
Spritzer 0,3 / 0,4 I apple / rhubarb / black currant / quince	3,80 € / 4,50 €
Farmer's Milk (g) 0,3 I	2,80 €
Kölsches Wasser (3) 0,33 I grapefruit / orange / woodruff	3,80 €
Oh Honey 0,33 I ginger-mate / rooibos-peach	3,80 €
Djahe Ginger Lemonade 0,33 I lemon / rhubarb / passion fruit	3,80 €
Lilamonade 0,33 I lavender-lemon / thyme-grapefruit / red basil-lime	3,80 €
FRESH JUICES	0,31 / 0,41
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FRESH JUICES	0,31 / 0,41
Franz apple, carrot, ginger	5,80 € / 6,80 €
Rosa apple, pear, red carrot	5,80 € / 6,80 €
Julia apple ginger cucumber	5,80 € / 6,80 €

#### ALLERGENS & ADDITIVES

Giutenous grains
Egg and its products
Milk and its products
Edible nuts and their products
Mustard and its products
Sesame seeds and their products
Celery and its products
Artificial colouring
Nitrite curing salt

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BREAKFAST*	AT ANY TIME
SWEET PLATE (a, c, g, k)	5,80 €
1 croissant, 1 slice of bread, butter,	

homemade jam, honey

CHEESE PLATE (a, g, h, j, k) 8,50 € 1 bread roll, 2 slices of bread, regional cheese, cream cheese, homemade jam, butter, sweet mustard + croissant by request: 11,10 €

GREEN PLATE (a, h, j, k, i, vegan) 9.90 € 1 bread roll, 2 slices of bread, no-cheese,

side salad, seasonal lentil spread, jam, sweet mustard, small muesli

HEIMISCH PLATE (a, g, k, 2.1) 12,50 € 1 bread roll, 3 slices of bread, regional cheese & ham, croissant, cream cheese, homemade jam, butter + game sausage by request: 14.00 €

PLATE FOR TWO (a, g, k, 2.1) 28,00 €

2 croissants, 2 bread rolls, 4 slices of bread, regional cheese & ham, cream cheese, lentil cream, jam, honey, butter, 2 glasses of fresh juice by request:

vegetarian, with goat cream cheese & sweet mustard

MUESLI vegan (a) oats with apple, mixed seeds, cinnamon & warm oatmilk

GRANOLA (a, g, h) 7,20 € yoghurt with homemade granola, apple & cinnamon

7,20 €

7.20 € OVERNIGHT OATS vegan (a) Overnight oats with almonds, cinnamon, raisins & apple,

sugar free

# EXTRAS

boiled egg (c)	1,80 €	CROISSANT (a, c, g)	2,60€
2 eggs (c)	3,50 €	+ homemade jam	1,00 €
scrabled or fried		+ honey	1,00€
with bacon	5,80 €	+ butter	1,00€

### ROASTED SANDWICHES

### ▼ VEGAN VEGETABLE CREAM (a: rye; k)

whole-grain rye bread with vegan lentil pread, rocket, oven-baked vegetables + side salad 8,50€

#### EGG - VEGETABLE (a: wheat; c, g)

wheat bread, omelette, baked vegetables, butter with caramelised onions and rosemary + side salad 9,80 €

### EGG - BACON (a: wheat; c, g)

wheat bread, omelette, crispy bacon, butter with caramelised onions and rosemary + side salad 9,80 €

### GRILLED CHEESE (a: wheat; c, g)

wheat bread, 2 kinds of cheese, tomato paste, butter with caramelised oninions and rosemary + side salad  $9,80 \in$ 

## EGGS WITH BREAD\* (a, c, g)

scrambled eggs from the local farm "Hof Alpermühle" with bread and butter

2 eggs / 4 eggs 5,80 € / 8,90 € + bacon 8,10 € / 11,20 € + cheese 7,60 € / 10,70 €

### OMELETTE\*(a, c, g)

3 eggs from the local farm

"Hof Alpermühle" with bread and butter

+ goat cream cheese, tomato, rocket 12,00 € + cheese and ham 12,50 €

\* gluten-free rice bread by request + 1,00 €

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diced bacon 2,30 € mixed seeds 1,00 € cheese (g) 1,80 € game sausage (2.1) 1,50 € goat cream cheese (g) 2,50 € herb cream cheese (g) 1,20 € tomatoes 1,50 € boiled egg (c) 1,80 €

¶lentil spread
1,20 € 2 eggs, scrambled or fried (c) 3,50 €

### **♥SAISONAL SALAD\***

1 SCOOP	2,90 €
side salad	
3 SCOOP (a, g, k)	9,00 €
salad with slices of bread & dip	
<b>4 SCOOP</b> (a, g, k)	11,50 €
salad with slices of bread & dip	

### BAKED VEGETABLES\*(a, g, k)

seasonal vegetables, aromatic and oven-baked, bread with herb cream cheese or lentil spread (vegan) 8,90 €

# EGG PAN\* (a, c, g, k)

scrambled eggs with baked vegetables, herb cream cheese and bread

+ cheese	12,50 €
+ bacon	13,10 €

# **SOUP OF THE DAY\*** (a, g, k)

with bread and dip	7,20 €
+ game sausage	8,70 €
+ goat cheese	9,70 €

# QUICHE (a: spelt, c, g)

savoury vegetable cheese cake & side salad 6,90 €

### ·····\* TOPPINGS

diced bacon	2,30 €	mixed seeds	1,00€
cheese (g)	1,80 €	game sausage (2.1)	1,50 €
goat cream cheese (g)	2,50 €	herb cream cheese (g)	1,20 €
tomatoes	1,50 €	boiled egg (c)	1,80 €
lentil spread	1,20 €	2 eggs, scrambled or fried (	(c) 3,50 €

# WHAT ABOUT CAKE?

homemade, seasonal cakes baked with spelt flour, with vegan options starting from **3,80** €

<sup>\*</sup> gluten-free rice bread by request + 1,00 € \*

Would you like to have breakfast or lunch with your family, friends or colleagues at Heimisch? Then take advantage of our offer to pre-order and enjoy being served at the table.

#### **GET-TOGETHER BREAKFAST**

Bread, bread rolls, croissants, scrambled eggs, regional farmer's cheese and butcher's ham, cream cheese, homemade jam, butter and a hot beverage 18,50 € per person

#### FINE GET-TOGETHER BREAKFAST

Bread, bread rolls, croissants, scrambled eggs, regional farmer's cheese and butcher's ham, game specialities, cream cheese, homemade jam, butter, fresh juice and a hot beverage

22,00 € per person

#### **GET-TOGETHER LUNCH**

Vegetable quiche with salad, soup or oven-baked vegetables with bread, dip and goat's cream cheese or seed mix, cake and a hot beverage 19,00 € per person



We accept reservations for groups of at least 6 people. For groups of 10 or more, advanced booking is mandatory.

By request, we can adapt the dishes to vegetarian or vegan options or add gluten-free rice bread.